

# Parent's Page

Winter  
February 2022  
Brought to you by:

The Chowan/Perquimans  
Smart Start Partnership  
409 Old Hertford Rd.  
Edenton, NC 27932  
252-482-3035 phone  
www.cp-smartstart.org  
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Our mission is to bring people and organizations together to maximize early childhood development and school readiness through advocacy, parent, and child care provider support programs.

Staff:  
Susan Nixon  
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Family Support & School  
Readiness Coach



<https://www.facebook.com/cpsp>



**Its that time of year again to register for Pre-K & Kindergarten!!!**

**White Oak Elementary Pre-K:** March 24, 1:00-6:00 & March 25, 8:00-3:00.

**All by appointment only (252)-221-4078**

**White Oak Elementary Kindergarten:** March 23, 12:00-6:00 & March 24, 8:00-1:00. **All by appointment only**

**Perquimans Central Elementary Pre-K:** March 17, 12:30- 6:00 & March 18, 8:30- 3:00. **All by appointment only (252)-426-5332**

**Perquimans Central Elementary Kindergarten:** March 18, 8:30- 3:00 & March 21, 12:30- 6:00. **All by appointment only**

**Parents and Caregivers:** Enroll your child to receive a free book in the mail each month through Dolly Parton's Imagination Library! (Birth-to 5th Birthday.)

**Albemarle Pregnancy Resource Center & Clinic** offers free pregnancy testing, limited obstetric ultrasounds, STD testing, prenatal vitamins, and parent education classes for men and women who are expecting or parenting children through age four, at their medical clinic in Elizabeth City. Classes are also now available on-line. Earn While You Learn Classes . Participants will receive weekly links and worksheets. For more information call 252-338-1655.

**Childbirth Classes** are held every other month, call 855-698-4326, or visit VidantHealth.com, to register for classes: March 8, 15, 22; and May 3, 10, and 17.

**For information on Early Head Start**, serving children ages 1-3. If you reside in Chowan County, call 252-221-3017. If you reside in Perquimans County, call 252-426-5014. **For information on Head Start**, a free comprehensive preschool program for ages 3-4 year old children, call 252-482-4458.

For information about community resources call 211, or contact Sarah at The Chowan/Perquimans Smart Start Partnership at 252-482-3035 or [swilliams.cpssp@gmail.com](mailto:swilliams.cpssp@gmail.com)

For free activity ideas visit:  
[Sesamestreet.org](http://Sesamestreet.org)  
[pnc.com/grow-up-great](http://pnc.com/grow-up-great)  
[handsonaswegrow.com](http://handsonaswegrow.com)  
[ReadAloud.org](http://ReadAloud.org)

## Week of the Young Child

Children's Festival & Safe Kids Day

Save the DATE: April 23, 2022

See our Facebook Page for  
Updated Event Information

# Smart Start Connections for Kids

## Kids Activities

### Preschool Skills Checklist

- States his or her name, age, and birthday
- Identifies some colors and shapes
- Can Count from 1 to 10
- Understands the concept of "same" and "different"
- Recites the alphabet and recognizes some letters
- Expresses thoughts and needs verbally, with a growing vocabulary
- Engages in pretend play
- Follows simple instructions
- Tells stories and sits while listening to a story
- Dresses himself or herself
- Uses child size scissors
- Kicks and throws a ball
- Puts away toys on his or her own
- Is comfortable in group settings
- Recognizes their own and others' emotions
- Strings large beads
- Draws with crayon or pencil

