

Smart Start Connections for Parents



Spring
April 2023

Brought to you by:

The Chowan/Perquimans
Smart Start Partnership
409 Old Hertford Rd.
Edenton, NC 27932
252-482-3035 phone
www.cp-smartstart.org
cpsmartstart@gmail.com

Our mission is to bring people and organizations together to maximize early childhood development and school readiness through advocacy, parent, and child care provider support programs.

Staff:
Susan Nixon
Executive Director

Sarah Williams
Program Coordinator

MeShawn Hall
Early Childhood Learning
Director

Likesia Hall
Family Support & School
Readiness Coach

a partner in the
Smart Start network



<https://www.facebook.com/cpsp>



15th Annual Week of the Young Child CHILDREN'S FESTIVAL

Sat., 4/22/23 • 10-12:30pm
Perquimans Recreation Center

Free Give-Aways while supplies last.
Petting Zoo, Car Seat Checks, Games and so much more!

FOR MORE INFO, CALL 252-482-3035

Hosted by Chowan/Perquimans Smart Start Partnership

Triple P (Positive Parenting Program): Every parent needs a little extra support sometimes. If you are having trouble with your young child's behaviors, schedule a one-on-one session for parenting tips and support. Tip Sheets and Support are available for almost every challenging situation! For more information call 252-482-3035.

Albemarle Pregnancy Resource Center & Clinic: Offers free pregnancy testing, limited obstetric ultrasounds, STD testing, prenatal vitamins and parent education classes for men and women who are expecting or parenting children through age four, at their medical clinic in Elizabeth City. For more information call 252-338-1655.

For information on Early Head Start: Serves children ages 1-3: If you reside in Chowan County, call 252-221-3017; Perquimans County, call 252-426-5014.

For information on Head Start: Free comprehensive preschool program for ages 3-4 year old children, call 252-482-4458.

Shepard-Pruden Memorial Library StoryTime: Every Wednesday at 11:00 AM

Perquimans County Library StoryTime: Every Wednesday starting at 11:00AM

For Information on NC Pre-K and Kindergarten Registration:

Chowan County residents please contact White Oak Elementary School at 252-221-4078
Perquimans County residents please contact Perquimans Central School at 252-426-5332

Parents & Caregivers—Join Us on Tuesday mornings from 10:00—11:30 at Perquimans County Library for our Kaleidoscope Play & Learn Program—a playgroup for parents, caregivers, and young children ages birth—five. Build new relationships, learn about community resources, and participate in fun interactive learning activities that will promote early childhood development and school readiness skills. Call Likesia Hall at 252-482-3035 for program and registration information.

"Child Care Resources", "Giving Every Child Great Start", "Kaleidoscope Play and Learn", and other associated trademarks and logos of CHILD CARE RESOURCES (www.childcare.org), an organization dedicated to promoting equity for children, community stability, and school readiness.



Enroll your child to receive a free book in the mail each month through Dolly Parton's Imagination Library! Available from birth until their 5th Birthday. Visit the website ImaginationLibrary.com or call 252-482-3035 to register.



Smart Start Connections for Kids

Spring Activity Ideas found on www.booksbythebushel.com



Spring had sprung!

Here are some activities to welcome Spring picked just for you!



Egg carton caterpillar: Show pictures of caterpillars or better yet, see if you and your child can find some outside. Then, cut a cardboard carton of eggs into two rows. Let your child color or paint the row and then add eyes and pipe cleaner antennae to the front section of the egg carton to make a caterpillar!

Butterfly math- After making a caterpillar, introduce your child to what they turn into... a beautiful butterfly! Have some pre-cut butterflies in different colors and some small pom-poms, stickers, or craft jewels of the same colors. Have your child glue same colored items to each butterfly to reinforce color recognition!

Spring sensory bottles: Need something to calm your child down? Make some sensory bottles! Voss water bottles can be a little pricey, but they are the best! One bottle you and your child can make is to cut up colorful straws into small pieces and fill the bottle with them! Shake the bottle for a great sound and to see the beautiful colors of spring! Another bottle or bottles can be made by filling them with warm water and then 2 tubes of glitter glue. If you want to slow the flow, add in about $\frac{1}{4}$ cup of corn syrup.

More sensory...: Take a pie pan or cake plate and cover it with green and flower sprinkles. Have your child use their pointer finger to draw letters, numbers, shapes, etc. This is a great fine-motor strengthening activity!

Spring flowers: Help show your child how water makes flowers grow. Purchase a few white flowers. Place them in mason jars filled halfway with water. Let your child drop different colors of food coloring in each jar and, over time, watch how the flowers change color. This will show your child how important water is to the growth and color of flowers!

Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D

For more free activity ideas visit: booksbythebushel.com, Sesamestreet.org, pnc.com/grow-up-great, handsonaswegrow.com, ReadAloud.org, getreadytoread.org. For information about community resources call 211, or contact Sarah at The Chowan/Perquimans Smart Start Partnership at 252-482-3035 or swilliams.cpssp@gmail.com